

OPTIONAL INFORMATION	
Name of School:	Date of Inspection:
Vocational Program/Course/Room:	Signature of Inspector:

MOBILE LADDER STANDS SELF INSPECTION CHECKLIST

Guidelines: This checklist covers some of the regulations issued by the U.S. Department of Labor - OSHA under the General Industry standard 29 CFR 1910.29 which was adopted by reference. It applies to mobile ladder stands which may be used in shops to reach lights or other overhead storage areas. Definitions of underlined terms are provided at the end of the checklist to help you understand some of the questions.

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| 1. Are all exposed surfaces of <u>mobile ladder stands</u> free from sharp edges, burrs, or other safety hazards? [29 CFR 1910.29(a)(2)(v)] | Y N N/A DK |
| 2. Is the maximum work level height four (4) times the minimum or least base dimension of the <u>mobile ladder stand</u> ? [29 CFR 1910.29(a)(3)(i)] | Y N N/A DK |

Note: Suitable outrigger frames may be used may be used to achieve the required base dimension or other means used to guy or brace the unit against tipping.

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| 3. Is the minimum step width for ladder stands 16 inches [29 CFR 1910.29(a)(3)(ii)] | Y N N/A DK |
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Comments/Corrective Action

**MOBILE LADDER STANDS
SELF INSPECTION CHECKLIST**

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| 4. | Are the steps of ladder stands fabricated from slip-resistant <u>treads</u> ? [29 CFR 1910.29(a)(3)(iv)] | Y | N | N/A | DK |
| 5. | Are at least two of the four casters equipped with at swivel lock to prevent movement? [29 CFR 1910.29(a)(4)(ii)] | Y | N | N/A | DK |
| 6. | Are steps of mobile ladder stands uniformly spaced? [29 CFR 1910.29(f)(3)] | Y | N | N/A | DK |
| 7. | Are steps of mobile ladder stands sloped, with a <u>rise</u> between 9 and 10 inches and a depth of not less than 7 inches? [29 CFR 1910.29(f)(3)] | Y | N | N/A | DK |
| <p>Note: The slope of the steps section shall be a minimum of fifty-five (55) degrees and a maximum of sixty (60) degrees measured from the horizontal.</p> | | | | | |
| 8. | Are mobile ladder stands with more than five steps equipped with handrails? [29 CFR 1910.29(f)(4)] | Y | N | N/A | DK |
| 9. | Are the handrails at least 29 inches high? (Measurements must be taken vertically from the center of the steps.) [29 CFR 1910.29(f)(4)(ii)] | Y | N | N/A | DK |
| 10. | Are all ladder stands with a work level 10 feet or higher above the ground or floor equipped with a standard (4-inch nominal) toeboard? [29 CFR 1910.29(a)(3)(vi)] | Y | N | N/A | DK |

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**MOBILE LADDER STANDS
SELF INSPECTION CHECKLIST**

Definitions:

Mobile ladder stand means a manually propelled mobile fixed size self-supporting ladder consisting of a wide flat tread ladder in the form of stairs. The assembly may include handrails.

Rise means the vertical distance from the top of a tread to the top of the next higher tread.

Tread means the horizontal member of a step.

**MOBILE LADDER STANDS
SELF INSPECTION CHECKLIST**

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